Journal Entry for topic: 6.3 Collaborative Problem solving \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Something I already knew… did not know very much on this topic

Something new I learned… How to set up negotiation to benefit both the individual and coach without creating tension.

Using the CPS steps to teach negotiation, social skills, and compromise

Something I can implement is…… I already know of a few athletes who can benefit from this method!

I didn’t like/agree with…….. Agree with the topic, can see the benefit both the coach and athlete

I could use further explanation on……